



## **Help to Create Hope – show *Time Space Compassion***

To support Fife's workforce, Fife's Health Promotion Service is working in collaboration with partners to provide a range of learning opportunities during this year's Suicide Prevention Awareness week. For further information on each session and to register your interest in a space please [Click here:](#)

- ✚ **Monday 4<sup>th</sup> September**
  - **Understanding Suicide Bitesize Session, 10.00-11.00am (MS Teams)**
- ✚ **Tuesday 5<sup>th</sup> September**
  - **Papyrus SP-EAK: Explore, Ask, Keep-Safe. An introduction to Suicide Prevention skills, 1.00-4.30pm Carnegie Conference Centre**
- ✚ **Monday 4<sup>th</sup> & Tuesday 5<sup>th</sup> September**
  - **ASIST: Applied Suicide Intervention Skills Training, Bay Hotel (two-day course)**
  - **Scottish Mental Health First Aid, The Old Manor Hotel (two-day course)**
- ✚ **Wednesday 6<sup>th</sup> September**
  - **Mental Health Improvement & Prevention of Self-Harm & Suicide.....Ask Tell - Children & Young People, 10.00-11.30am (MS Teams)**
  - **Papyrus SP-EAK: Explore, Ask, Keep-Safe. An introduction to Suicide Prevention skills, 1.00-4.30pm (MS Teams)**
- ✚ **Thursday 7<sup>th</sup> September**
  - **Self-Harm Management, 9.30am-4.30pm Carnegie Conference Centre**
  - **Time Space Compassion Workshop Time 10.00am-11.30am (MS Teams)**
  - **Mental Health Improvement & Prevention of Self-Harm & Suicide.....Ask Tell – Adult, 2.00-3.30pm (MS Teams)**
  - **Samaritans Learn to Listen Workshop, 2.00-3.00pm (MS Teams)**
- ✚ **Friday 8<sup>th</sup> September**
  - **Positive Steps to Mental Health, 10.00-11.30am (MS Teams)**

**Please note spaces are limited. Closing date for registrations: *Monday 21<sup>st</sup> August 2023***

Further enquiries please contact: [fife.hittraining@nhs.scot](mailto:fife.hittraining@nhs.scot)

Further dates are available through the Health Promotion Training Programme. In addition to the range of virtual and face-to-face learning opportunities, there are a number of self-directed courses available all year round: <http://hptraining.fife.scot.nhs.uk>